

PELICAN

ATHLETIC CLUB

JUNIOR TENNIS

We offer a wide variety of tennis lessons for **youth ages 4-17 years old**, ranging from **beginner levels to tournament players**. All of our programs are based on USTA's Junior Competencies and Progressions. We take pride in our program of advancing your child's love and enjoyment of the game, providing excellent group training followed up by match and league play opportunities.

To register your junior player or for more information contact Barbara Fisher; tennis@thepac.com or 985.626.3706, ext 146

Spring Sessions

SPRING SESSION I

M&W: March 11 - April 10, 2019

T&Th: March 12- April 11, 2019

SPRING SESSION II

M&W: April 29 - May 22, 2019

T&Th: April 30 - May 23, 2019

Monday & Wednesday

Tennis for Teens: 4:30pm - 5:30pm

Little Tennis: 5:30pm - 6:30pm

Beginner Tennis: 6:30pm - 7:30pm

Intermediate: 6:30pm - 7:30pm

Tuesday & Thursday

Advanced: 4:30pm - 5:30pm

Junior Academy: 5:30pm - 7:00pm

JUNIOR TENNIS

REGISTRATION FORM



Please check the box that applies.

- Little Tennis: (Age 4-7)** Introduction to the sport of tennis with focus on fundamentals and techniques.
- Beginner Tennis: (Age 7- 12)** Focusing on stroke productivity while developing form and techniques.
- Intermediate Tennis: (Age 7- 12)** Refining fundamentals, stroke production, and match play conditioning.
- Tennis for Teens: (Age 13-17)** Training on strokes, volleys, serves, proper match play etiquette and form.
- Advanced Tennis: (Age 9-14)** Enhancing stroke production with core conditioning and power play techniques.
- Junior Academy: (Invitation Only)** Tournament level conditioning, speed and strength drills with strong emphasis on competitive match play.

Session
1 2

Days Attending
M/W T/Th M W T TH

NAME:

AGE:

GENDER:

MEMBER #:

EMERGENCY CONTACT NAME:

MEMBER

NON-MEMBER

ADDRESS:

CITY:

STATE:

ZIP:

PHONE:

HOME:

WORK:

CELL:

EMAIL:

I accept full responsibility for my use of any and all apparatus, appliances, facility privilege or service whatsoever, owned and operated by this club, directors, employees, representatives, and agents harmless for any and all loss, claim, injury, damage or liability sustained or incurred by myself, my family or others under my supervision or control resulting therefrom. In addition, I agree that the above information is accurate and complete. I, also, understand and acknowledge that photos may be taken for publicity/marketing purposes and give my authorization for any and all photos or video footage of myself, or of my minor child, to be used in this fashion.

SIGNATURE:

Once you turn in your registration form, you will be contacted by our DIRECTOR of TENNIS.
She can help to determine the appropriate class for your child.

*The session prices are based on the session length.