

8-lane Pool Activities

Time	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday																							
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8																
4:45am	Club Swim Team 5:15am-7:00am								Club Swim Team 5:15am-7:00am																Club Swim Team 5:15am-7:00am																																							
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7:30am	Deep Water Running August-November 7:00am - 8:00am								Lap Swimming								Deep Water Running August-November 7:00am - 8:00am								Lap Swimming								Deep Water Running August-November 7:00am - 8:00am																															
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8:15am	Aqua Fitness August 8:00am-9:00am								Aqua Fitness August 8:00am-9:00am								Aqua Fitness August 8:00am-9:00am								Aqua Fitness August 8:00am-9:00am								Aqua Fitness August 8:00am-9:00am																															
8:30am	September and October 8:30am-9:30am								September 8:30am-9:30am								September and October 8:30am-9:30am								September 8:30am-9:30am								September and October 8:30am-9:30am																															
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10:00am	Recreational Swimming (9:00am - Closing)								Recreational Swimming (9:00am - Closing)								Recreational Swimming (9:00am - Closing)								Recreational Swimming (9:00am - Closing)								Recreational Swimming (9:00am - Closing)																															
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Aquatics Questions?
Charlotte @ 626.3706 ext. 167

Swim Team Questions?
626.3706 ext. 104

HOLIDAY SWIM TIMES ARE
SUBJECT TO CHANGE

Schedule Effective:
August 9 - November 30, 2019
SCHEDULE SUBJECT TO CHANGE

8-lane Pool Activities